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## Physiology of NAVA

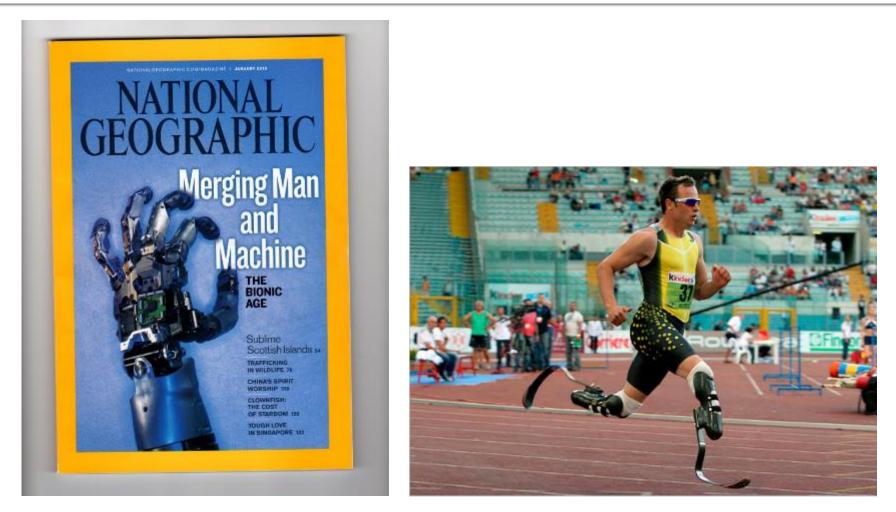
Jennifer Beck, PhD Keenan Research Center at the Li Ka Shing Knowledge Institute of St. Michael's Hospital, Toronto Department of Pediatrics, University of Toronto

### Disclosure

- Consultant: Maquet Critical Care
- Speakers Bureau: Maquet Critical Care
- Stock Shareholder: Nothing to disclose
- Employee: Nothing to disclose
- Other (identify): Royalties on patents

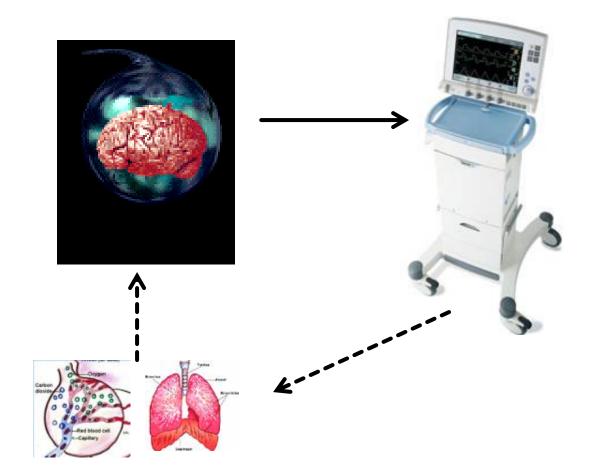
The following disclosure was approved by University of Toronto and St-Michael's Hospital: Dr. Beck has made inventions related to neural control of mechanical ventilation that are patented. The license for these patents belongs to Maquet Critical Care. Future commercial uses of this technology may provide financial benefit to Dr. Beck through royalties. Dr Beck owns 50% of Neurovent Research Inc (NVR). NVR is a research and development company that builds the equipment and catheters for research studies. NVR has a consulting agreement with Maquet Critical Care.

### **Neural Control of Artificial Muscles**

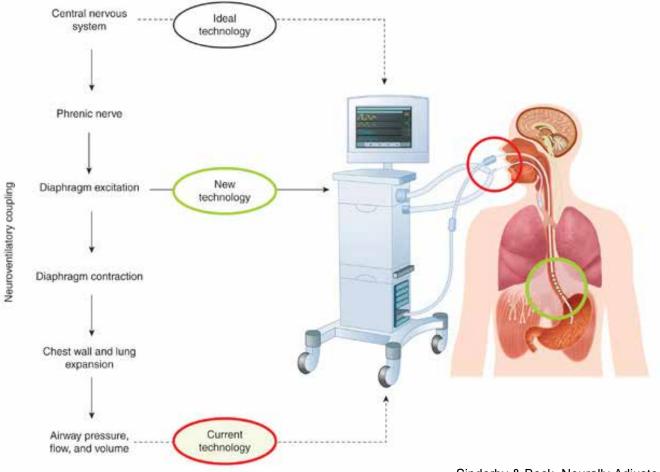


Time Magazine Jan 2008 (European Ed)

### Neurally Controlled Mechanical Ventilation

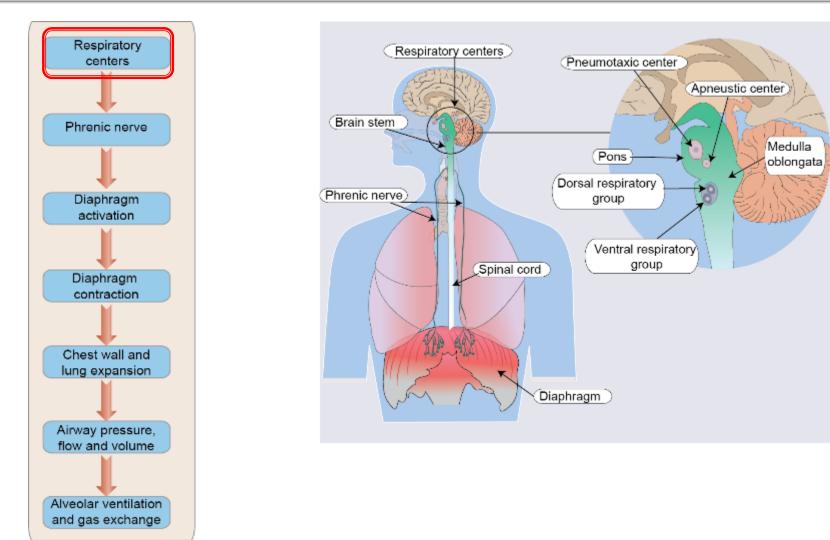


# NAVA: What are we doing and what do we see?



Sinderby & Beck, Neurally Adjusted Ventilatory Assist in Principles and Practice of Mechanical Ventilation, Third Edition Editor: Tobin MJ, McGraw-Hill Medical 2013

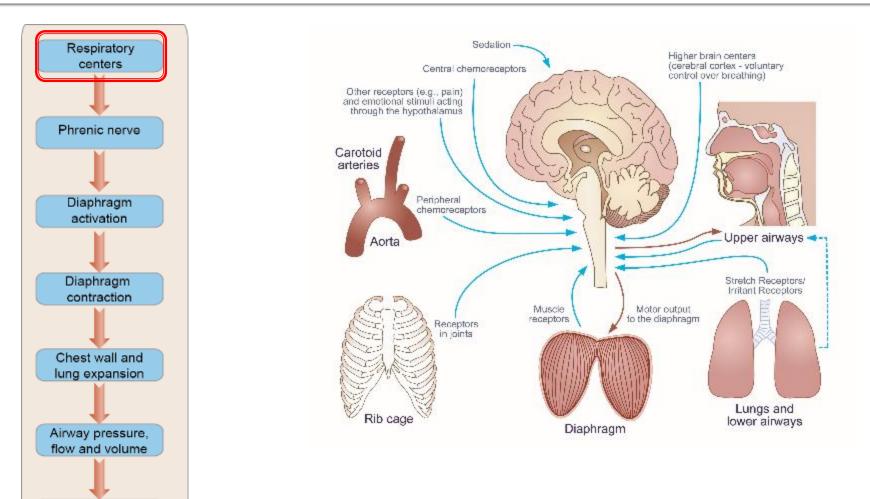
### Spontaneous Breathing and the Respiratory Centers



Maquet Clinical Image Collection

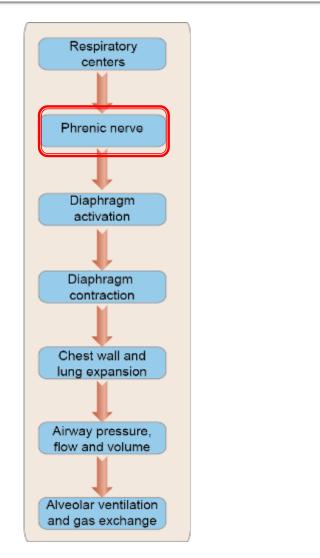
### Reflexes and Feedback to the Respiratory Centers

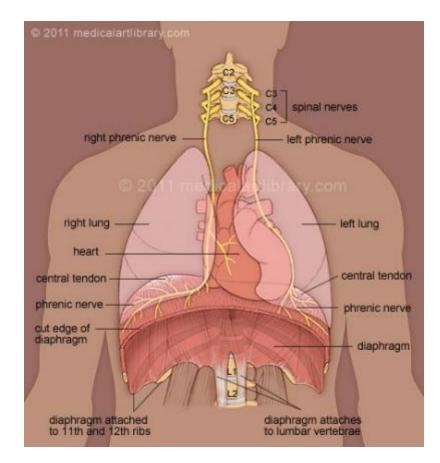
Alveolar ventilation and gas exchange



#### Principles and Practice of Mechanical Ventilation, M Tobin Ed. 2012

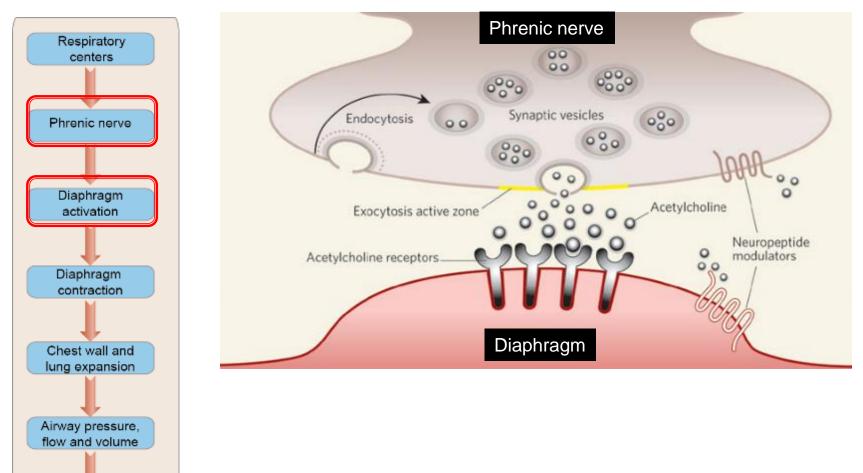
### **Phrenic Nerve Transmission**





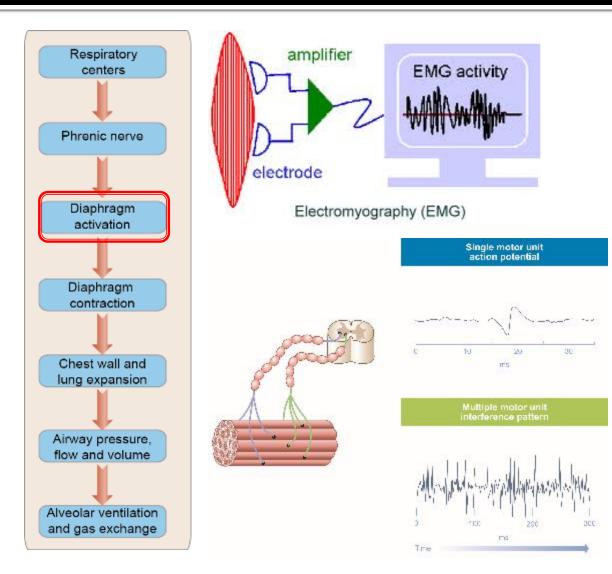
Stockmedicalart.com

### **Neuromuscular Transmission**



Alveolar ventilation and gas exchange

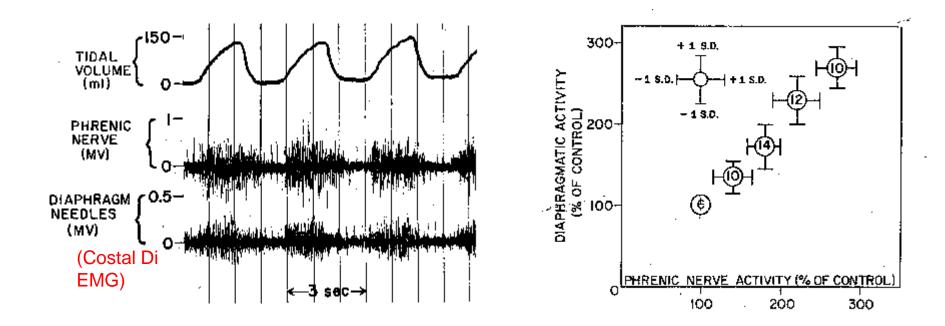
### **EMG of Skeletal Muscle**



#### Note: EMG = EAdi = Edi

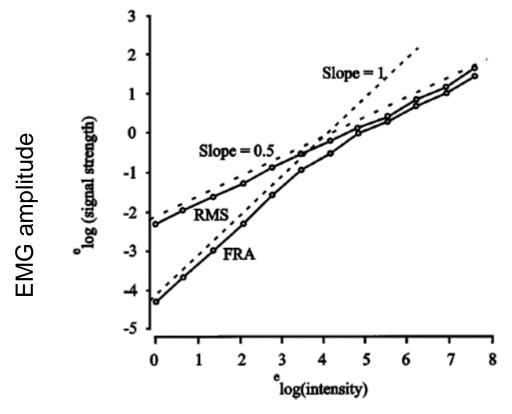
Principles and Practice of Mechanical Ventilation, M Tobin Ed. 2012

### **Phrenic Nerve-EMG Relationship**



Lourenco et al, J. Appl. Physiol. 1966.

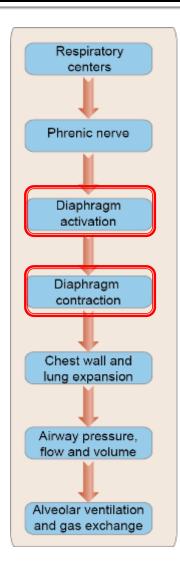
### **EMG-Muscle Activation Relationship**

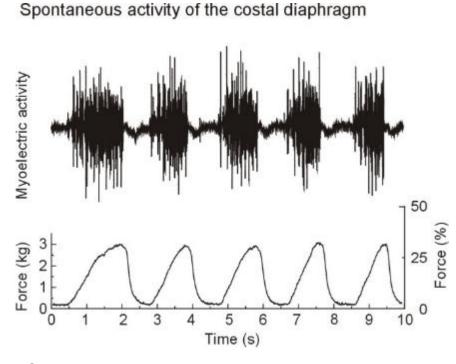


Diaphragm activation (recruitment and firing rate)

Beck JAP 1998

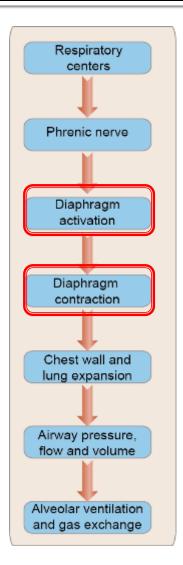
### **EMG-Force of the Diaphragm**

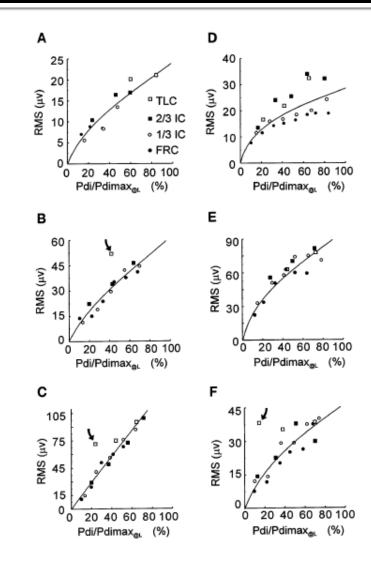




Sinderby, 1995, unpublished

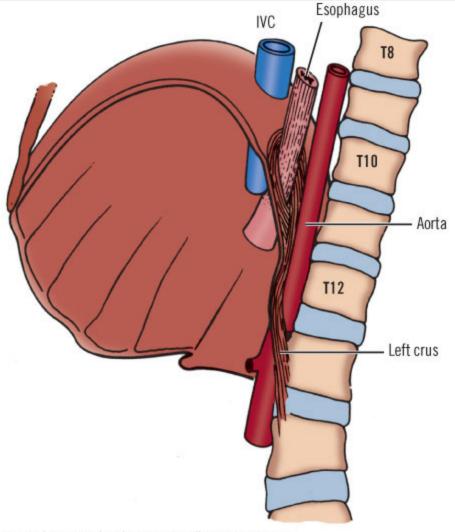
### **EAdi-Force of the Diaphragm**





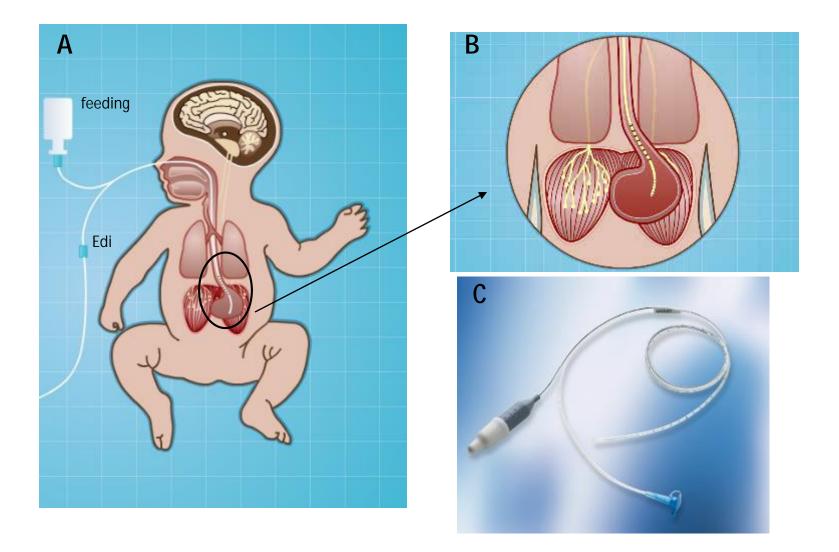
Beck JAP 1998

# How to Measure Diaphragm EMG in Humans?



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### Measuring Diaphragm EMG = Edi



### **Electrode Positioning**

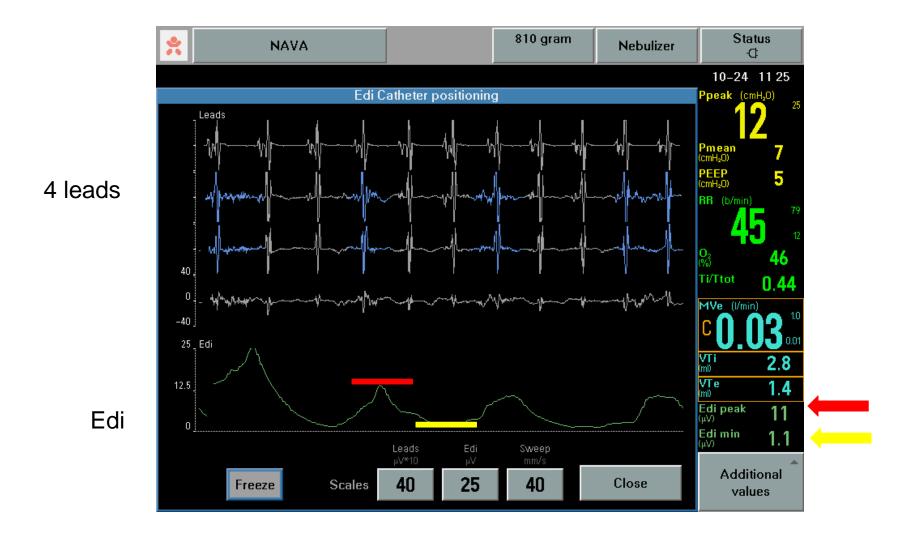
### NEX

- Calculate prediction
- Insert to prediction
- Positioning window (verification)
- Secure and record final position

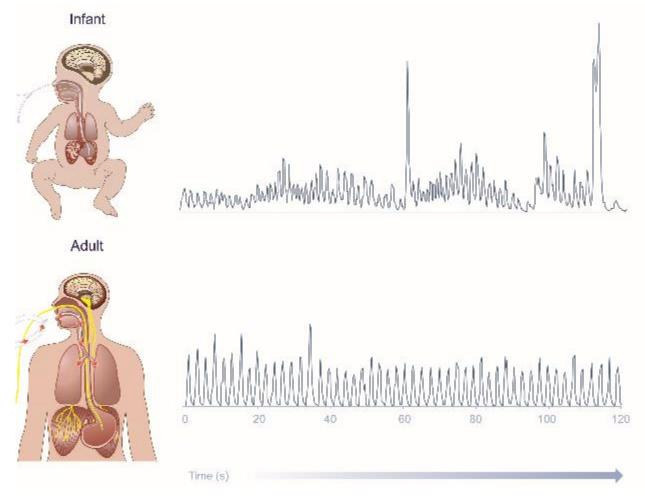
### Validation of Electrode Positioning

- Barwing J, Ambold M, Linden N, Quintel M, Moerer O. Evaluation of the catheter positioning for neurally adjusted ventilatory assist. Intensive Care Med. 2009 Oct;35(10):1809-14
- Green ML, Walsh BK, Wolf GK, Arnold JH. Electrocardiographic guidance for the placement of gastric feeding tubes: a pediatric case series. Respir Care. 2011 Apr;56(4):467-71
- Barwing J, Pedroni C, Quintel M, Moerer O. Influence of body position, PEEP and intra-abdominal pressure on the catheter positioning for neurally adjusted ventilatory assist. Intensive Care Med. 2011 Dec;37(12):2041-5.
- Anita Duyndam, Bas SP Bol, Andre´ Kroon, Dick Tibboel and Erwin Ista. Neurally adjusted ventilatory assist: assessing the comfort and feasibility of use in neonates and children. Nursing in Crit Care. In Press, Dec 2012

### Edi waveform

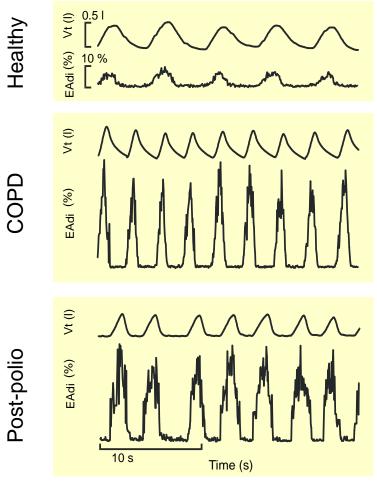


### **Edi in Infants and Adult**



Principles and Practice of Mechanical Ventilation, M Tobin Ed.

# Edi<sub>peak</sub>



- Increased Respiratory Load
- •Weakness of Diaphragm
- Increased CO2
- Reduced sedation

<sup>•</sup>Reduced level of assist

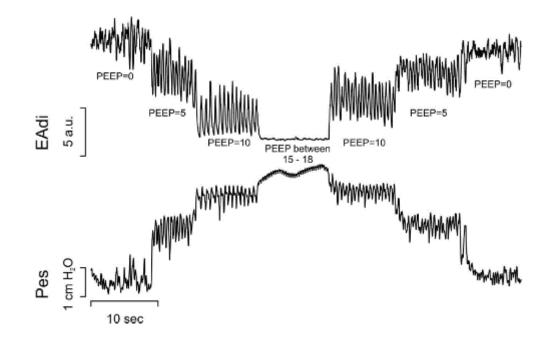
Sinderby et al JAP 1998

# Edi<sub>min</sub>

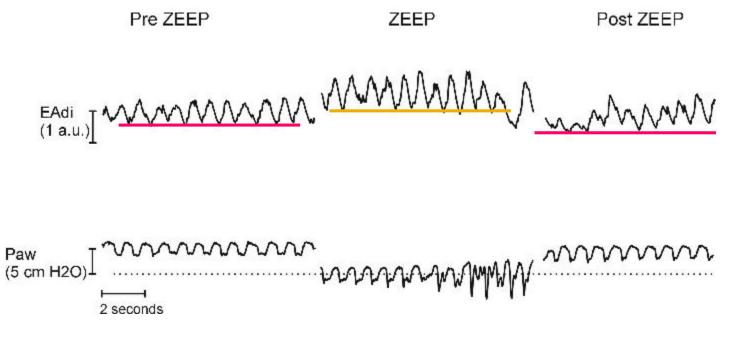
Influence of neurally adjusted ventilatory assist and positive end-expiratory pressure on breathing pattern in rabbits with acute lung injury\*

Jean-Christophe Allo, MD; Jennifer C. Beck, PhD; Lukas Brander, MD; Fabrice Brunet, MD; Arthur S. Slutsky, MD; Christer A. Sinderby, PhD

Crit Care Med 2006 Vol. 34, No. 12



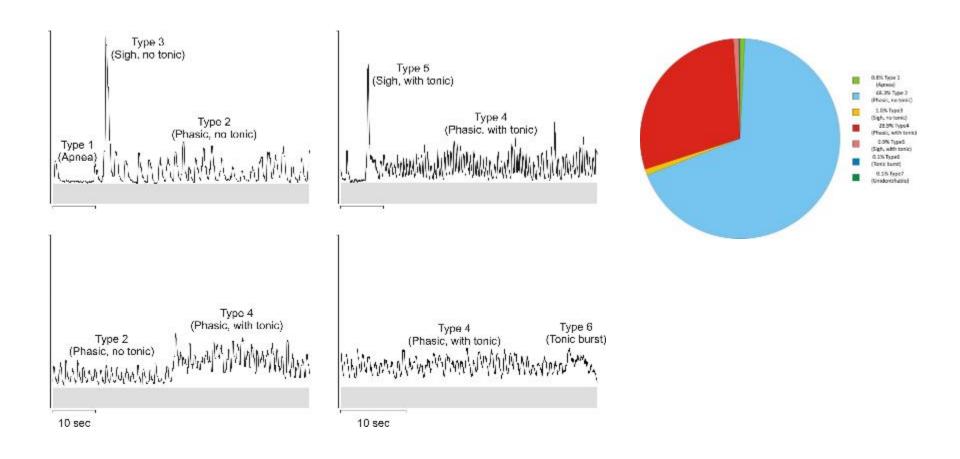
# Edi<sub>min</sub>



Emeriaud et al, Ped Res, 2006

De-recruitment below FRCLiquid/edema in the lung??

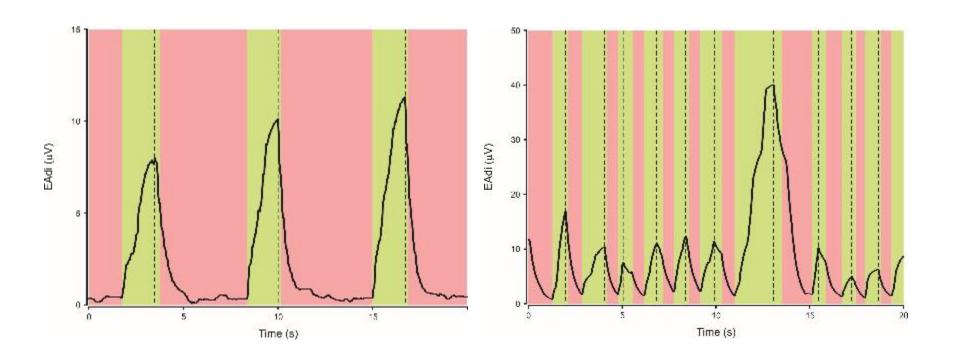
# Elevated Edi<sub>min</sub> in Preterms



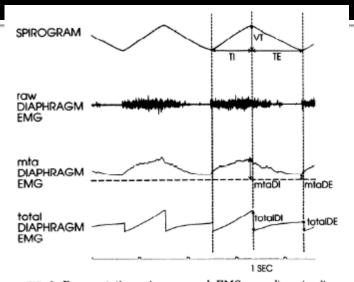
# Neural timings (Nti, Nte, Nrr)

### Adult

### Infant



### The Controversy of Neural Ti



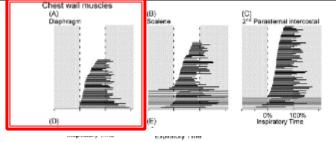


Fig. 2. Timing of the discharge of motor units in six human inspiratory muscles. Panels A.-F. show the firing time for each single motor unit recorded from five different chest wall inspiratory muscles (upper panels A.-E) and one upper airway muscles, panel F) during quick breathing, relative to the time of inspiration or expiratory (expiratory time is shaded grey). For each unit, the thick horizontal line represents the time that the firing frequency increases in the inspiratory or expiratory phase of respiration. The thin horizontal line indicates tonic firing of the motor unit at other times. The units are ordered relative to their onset time. Phasically firing units during inspiration (IP) or expiration (IP) or solven on top, torically firing units that increased their discharge during either inspiratory of the expiratory P) are show hower. The mescale, firing units that did not increase their firing in time with respiration (Tr) are also shown. The proportion of torically active units (IT, ET and TT) is higher for genioglossus (panel F) than the chest wall nuscles. TT, EP and ET units have not been observed in the inspiratory muscles that act on the chest wall (panels A.-E). The different slope of the crosst times for the population of motor units for each nuscle (e.g. panel A compared to panels E and F) represents different inspiratory drive to each muscle that may be controlled at the motoneurones or at a higher level. Adapted from Suboisky et al. (2006, 2007) used with permission.

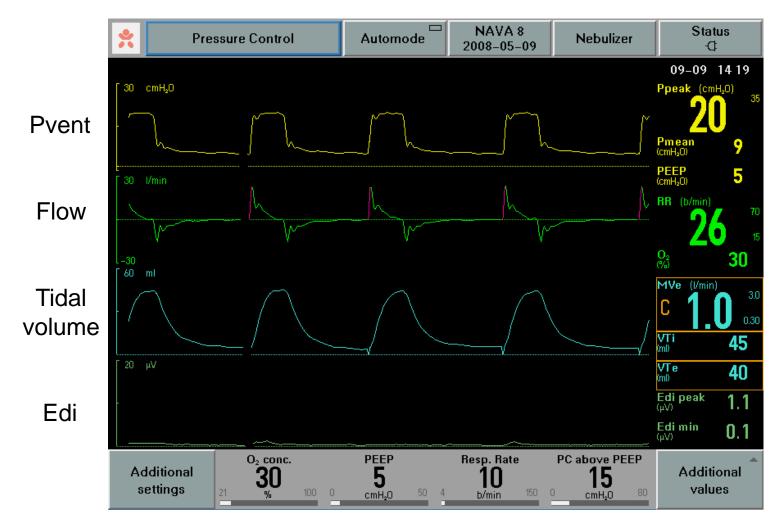
#### Butler Respir Physiol Neurobiol 2007

Nti defined to peak	Nti defined to 70% of Peak
Beck 2011	Passath 2010
De Oliva 2012	Moerer 2008
Delisle 2011	Allo 2006
Camarotta 2011	Lecomte 2009
Piquillod 2010	
Spahija 2010	
Parthasarathy 2000	
Colombo 2008	
Emeriaud 2006	

FIG. 1. Representative spirogram and EMG recordings in diaphragm. Raw, after conventional integration by moving time average (mta EMG) and after a separate integration of summed EMG activity during inspiration and expiration (total EMG). VT, tidal volume; TI, inspiratory time; TE, expiratory time; DI and DE, diaphragmatic activity at end of inspiration and end of expiration, respectively. Procedures used to derive and measure records are in METHODS.

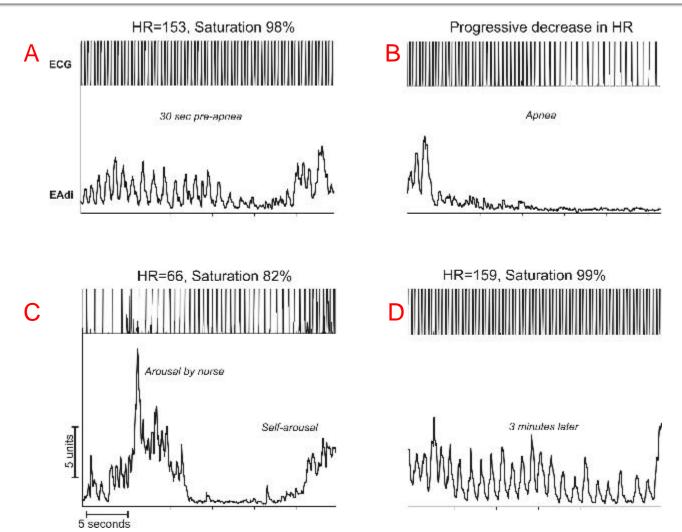
Bonora JAP 1994

### No Edi: Apnea with Sedation



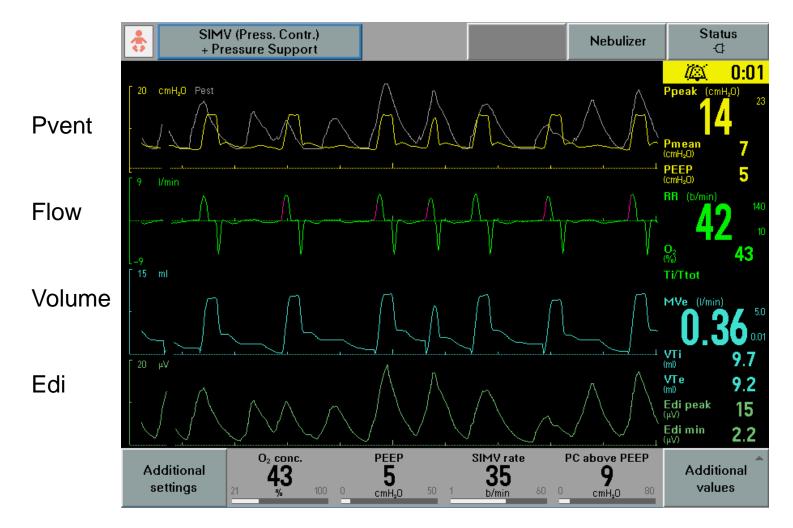
Bordessoule, In Press, Ped Res 2012

### No Edi: Detecting Central Apnea



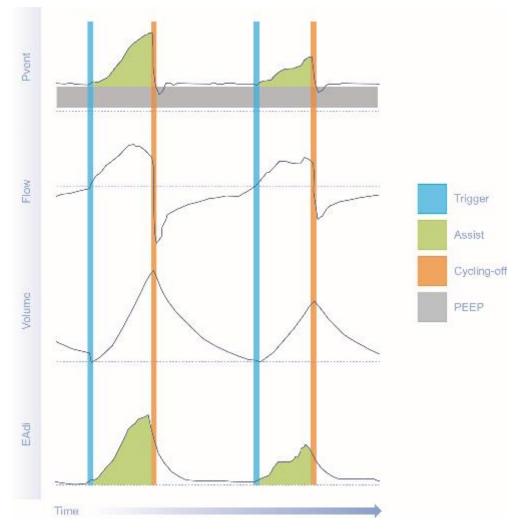
Beck et al, Ped Res 2011

### **Edi and Patient-ventilator Interaction**



Slide Courtesy of H Stein, Toledo Children's Hosp.

### Edi and Controlling Mechanical Ventilation: NAVA



Principles and Practice of Mechanical Ventilation, M Tobin Ed.



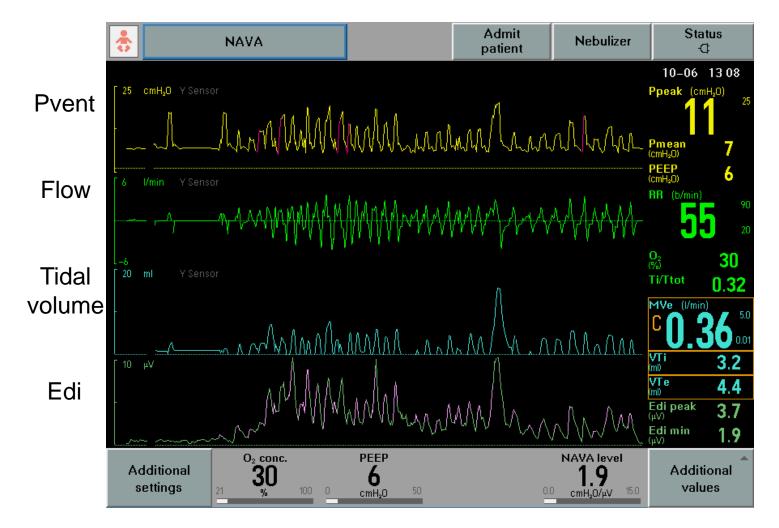
Upper pressure limits Backup ventilation Hiccups

### NAVA in the Adult



Slide courtesy of L Heunks, Nijmegen

### NAVA in the preterm



with permission, E Bancalari Jackson Memorial University of Miami

### NAVA Encourages Spontaneous Breathing

PCV

NAVA



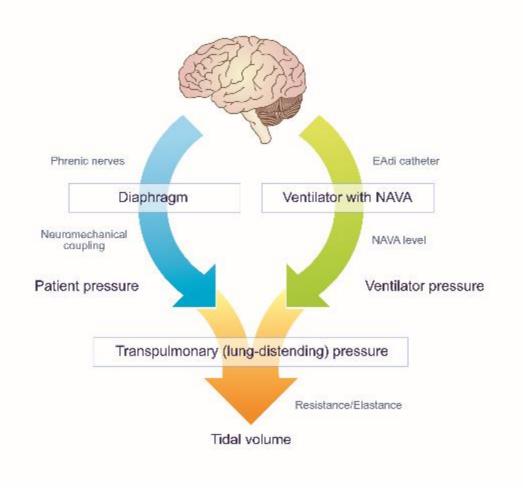
### NAVA improves synchrony (810 g)

### SIMV

### NAVA



### NAVA is an Artificial Respiratory Muscle



### **Setting the NAVA Level**

- Match pressure to PSV or PC ("Preview window") (n=8) Titration (n=3)
- Target Edi (e.g. target 60% of Edi observed during spontaneous breathing trial) (n=1)
- Match minute ventilation observed in PSV (n=1)
- Target Vt (n=1)
- Protocols!

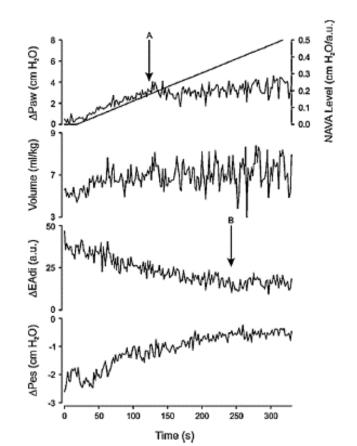
### Use of overlay window to adjust NAVA level



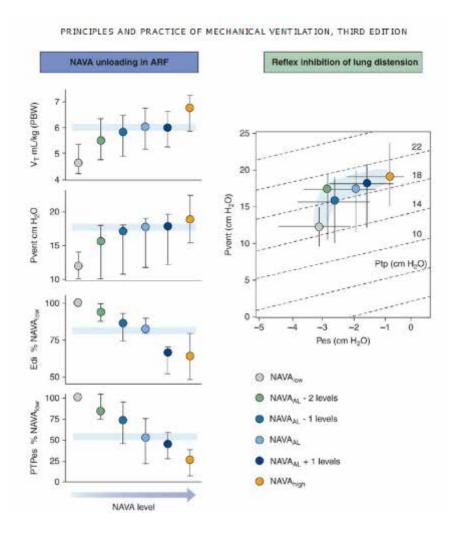
### **Titration Method**

Physiological response to increasing levels of neurally adjusted ventilatory assist (NAVA)

François Lecomte<sup>a,1</sup>, Lukas Brander<sup>b</sup>, Fredrick Jalde<sup>c</sup>, Jennifer Beck<sup>d</sup>, Haibo Qui<sup>e</sup>, Caroline Elie<sup>f</sup>, Arthur S. Slutsky<sup>d,g</sup>, Fabrice Brunet<sup>d,g</sup>, Christer Sinderby<sup>d,g,\*</sup>



### **Titration Method**



Sinderby & Beck, Neurally Adjusted Ventilatory Assist in Principles and Practice of Mechanical Ventilation, Third Edition Editor: Tobin MJ, McGraw-Hill Medical 2013 Adapted from Brander et al Chest 2009

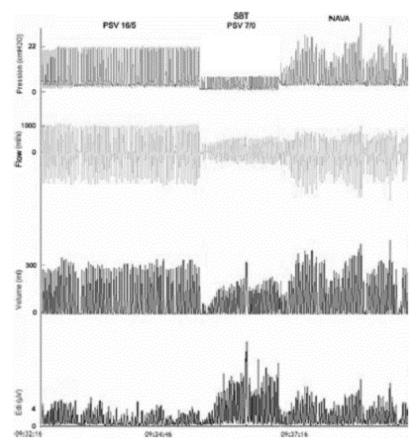
### Target Edi

Intensive Care Med DOI 10.1007/s00134-011-2209-1

### ORIGINAL

Hadrien Rozé Abdelghani Lafrikh Virginie Perrier Arnaud Germain Antoine Dewitte Francis Gomez Gérard Janvier Alexandre Ouattara

### Daily titratio assist using



### Conclusion

### What are we doing?

- Providing synchronized and proportional assist
- Ventilator becomes a second respiratory muscle

### What do we see?

- The Edi is a physiological signal representative of central respiratory output
- Edi is normally present in spontaneously breathing subject and the waveform has a characteristic cyclic/ phasic pattern with quantifiable measurements of amplitude and timing
- The Edi is essentially a vital sign, just like the electrocardiogram
- The Edi allows answers to the following questions:
  - Is my patient breathing?
  - Does my patient respond to intervention?
  - Is my patient synchronous with the ventilator?