

St. Michael's Inspired Care. Inspiring Science.

Physiology of Non-Invasive NAVA

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Disclosure

- Consultant: Maquet Critical Care
- Speakers Bureau: Maquet Critical Care
- Stock Shareholder: Nothing to disclose
- Employee: Nothing to disclose
- Other (identify): Royalties on patents

The following disclosure was approved by University of Toronto and St-Michael's Hospital: Dr. Beck has made inventions related to neural control of mechanical ventilation that are patented. The license for these patents belongs to Maquet Critical Care. Future commercial uses of this technology may provide financial benefit to Dr. Beck through royalties. Dr Beck owns 50% of Neurovent Research Inc (NVR). NVR is a research and development company that builds the equipment and catheters for research studies. NVR has a consulting agreement with Maquet Critical Care.

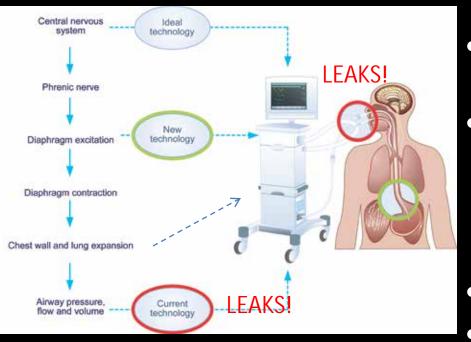
Definition and goals of NIPPV

- NIV, just like INV, is mechanical ventilation delivered with intermittent inflations, usually with PEEP, to the airways, via a noninvasive interface
- The goal of NIV is to maintain adequate oxygenation and adequate ventilation, reduce the work of breathing, and to keep the lung open without overdistension.
- In order to avoid complications, NIV should be synchronized to the patient's breathing effort



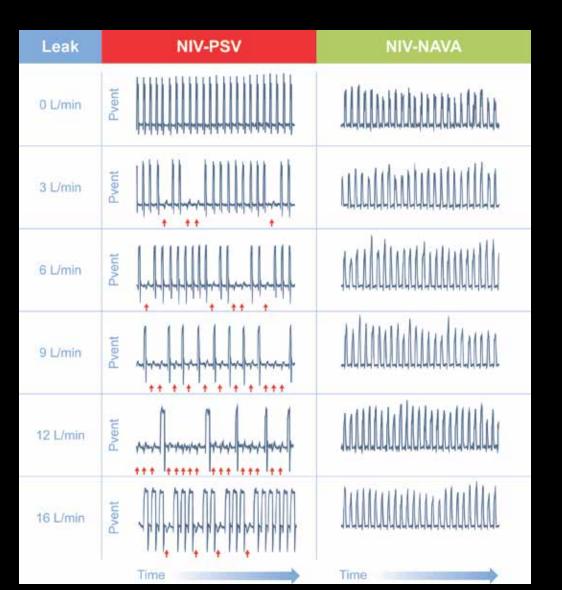


Factors Affecting NIV

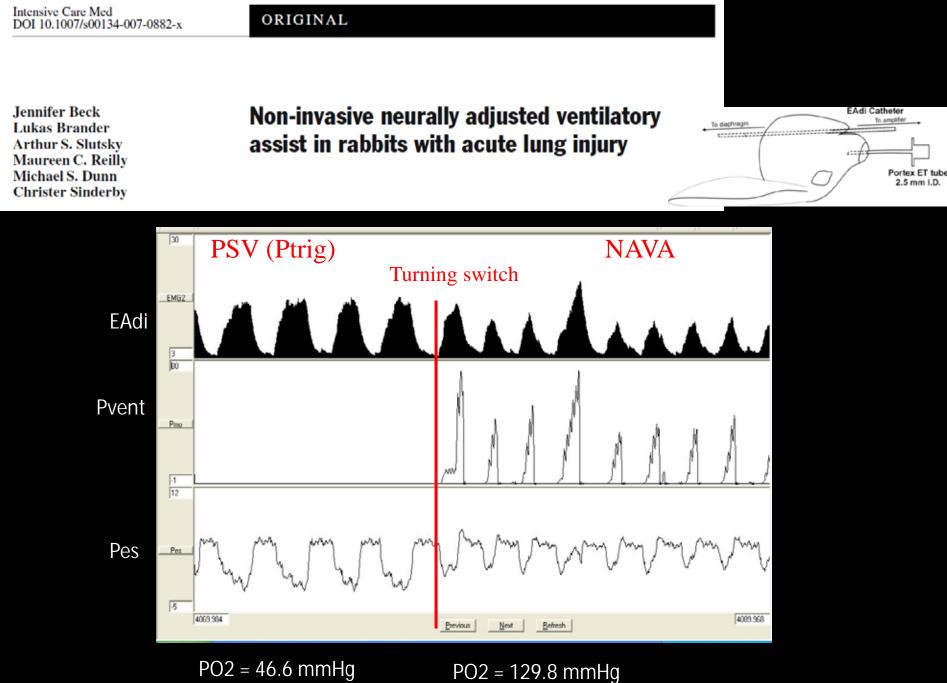


- Controller signal for patientventilator synchrony
- Inadequate (pneumatic) monitoring
- Properties of interface
 - Masks and prongs (leaks)
 - Prongs (resistance)
 - Helmet (compliance)
- Leaks and pressure delivery
- Upper airways (protection and control of FRC)

Leaks ("bench")



Sinderby & Beck, Neurally Adjusted Ventilatory Assist in Principles and Practice of Mechanical Ventilation, Third Edition Editor: Tobin MJ, McGraw-Hill Medical 2013

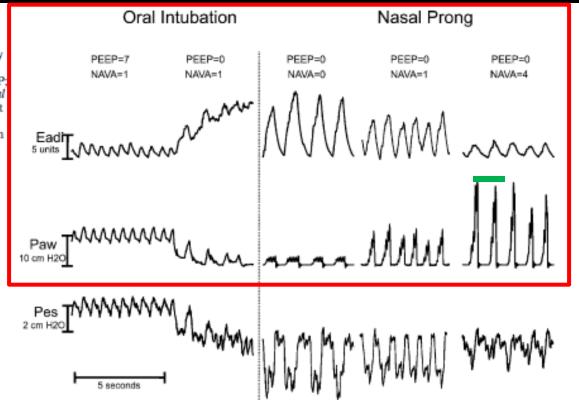


PCO2 = 62.9 mm Hg

PO2 = 129.8 mmHgPCO2 = 43.1 mm Hg

Monitoring of respiratory muscle unloading during NAVA-NIV

Fig. 2 Examples of tracings from one representative lunginjured animal breathing on NAVA. From left to right: orally intubated with titrated PEEP, NAVA level 1; removal of PEEP; extubation (indicated by vertical line); NAVA with nasal prong at level 0; NAVA with nasal prong at level 0; NAVA level 1; and NAVA level 4. Eadi, Diaphragm electrical activity; Paw, airway pressure; Pes, esophageal pressure



Beck et al, 2008 ICM

Increased Risk of Gastrointestinal Perforations in Neonates Mechanically Ventilated with Either Face Mask or Nasal Prongs

Jeffery S. Garland, MD, David B. Nelson, MD, MSc, Thomas Rice, MD, and Josef Neu, MD

From the Medical College of Wisconsin, Department of Pediatrics, Milwaukee Children's Hospital, Milwaukee

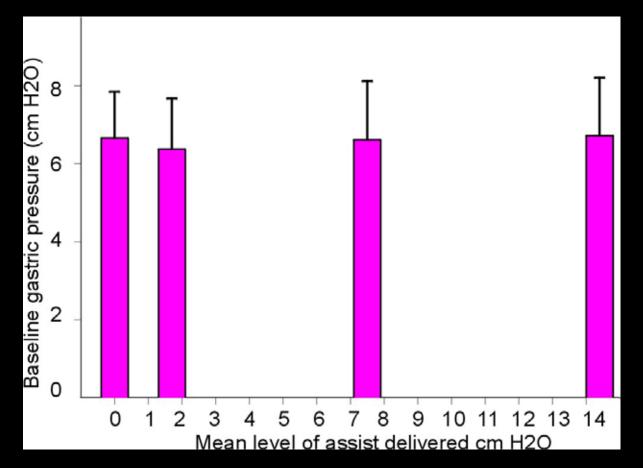
			0: : : : : : : : : : : : : : : : : : :	
	Infants with GPNN $(N = 15)$	Control Infants $(N = 60)$	Significance	
Gestational age (wk)†	30.0 ± 3.5	30.1 ± 4.1	NS	
5-Min Apgar score				
0-4	5	19		
5–7	6	25	NS	
8-10	4	16		
Birth weight (g)†	$1,383 \pm 552$	$1,355.8 \pm 908.4$	NS	
Sex (M/F)	12/3	39/21	NS	
Primary reason for ventilation				
Hyaline membrane disease	13	52		
Other	2	8	NS	
Length of time of ventilation before perforation (d)†	6.8 ± 10.2	NA	NS	
Peak inspiratory pressure set- ting at time of perforation (cm) [†]	18.6 ± 5.7	23.4 ± 7.39	NS	

TABLE 1. Clinical and Ventilatory Data Pertaining to Infants with GPNN* and ControlInfants

* Abbreviations used are: GPNN, gastrointestinal perforations not associated with necrotizing enterocolitis or bowel obstruction; NA, not applicable.

 \dagger Values are means \pm SD.

No Evidence for Abdominal Distension with NIV NAVA (n=10) (rabbits with single nasal prong)



Beck et al, PATS 2005

Patient-Ventilator Interaction During Neurally Adjusted Ventilatory Assist in Low Birth Weight Infants

JENNIFER BECK, MAUREEN REILLY, GIACOMO GRASSELLI, LUCIA MIRABELLA, ARTHUR S. SLUTSKY, MICHAEL S. DUNN, AND CHRISTER SINDERBY



150 PSV+VG NAVA (inv) NIV-NAVA EAdi (a.u.) 100 mmmm MMM 50 Pvent (cm H₂O) 20 10 0 0 10 20 0 10 20 0 10 20 Time (s) Time (s) Time (s)

(Pediatr Res 65: 663-668, 2009)

N = 7Mean weight = 976 g Mean age = 12 days GA at birth: 26 wks

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	Conventional ventilation	NAVA-intubated	NAVA-extubated	р	
	<i>n</i> = 7	<i>n</i> = 7	n = 5		
Fio ₂ (%)	25.1 (5.8)†	26.4 (5.9)*	38.0 (19.1)	0.0034	
SA02 (%)	94.6 (2.7)	94.1 (3.5)	95.4 (6.5)	0.961	
Tco ₂ (mm hg)	53.4 (14.6)	52.6 (13.0)	60.6 (12.5)	0.787	
Heart rate (per min)	160 (15)	159 (11)	166 (11)	0.868	
	<i>n</i> = 5	<i>n</i> = 7	n = 5		
MAPi (cm H ₂ O)	12.5 (1.5)*	9.6 (1.8)*	5.5 (1.6)	0.002	
ΔPi (cm H ₂ O)	9.3 (1.3)	9.9 (1.3)	9.4 (3.1)	0.710	
EAdi phasic (au)	27.9 (19.5)	43.6 (18.7)	44.8 (32.4)	0.333	
EAdi tonic (au)	5.5 (2.0)	4.7 (3.0)	4.7 (1.4)	0.157	
Nti (msec)	258 (43)	406 (131)	436 (198)	0.09	
Nte (msec)	712 (139)	875 (237)†	1001 (256)	0.044	
Nrr (per min)	74 (7)	54 (14)†	51 (14)†	0.004	
EAdi-time product (au*s/min)	556.4 (421.2)	823.4 (444.3)	670.2 (524.5)	0.504	
Trigger delay (ms)	74 (17)	72 (23)	76 (33)	0.698	
Cycling-off delay (ms)	-120 (66)	32 (34)†	28 (11)†	< 0.001	
R ² for EAdi vs Pvent	0.08 (0.1)	0.80 (0.06)†	0.73 (22)†	< 0.001	
Slope EAdi vs Pvent (cm H ₂ O per au)	0 (0.01)	0.19 (0.1)†	0.2 (0.1)†	0.007	

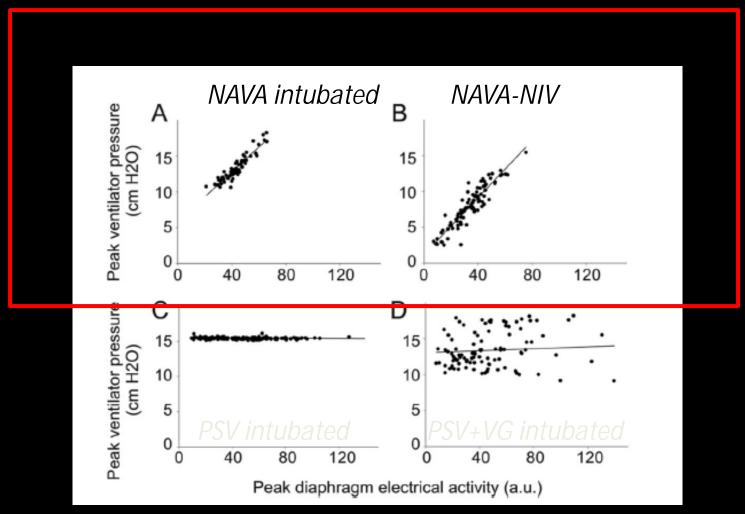
Table 2. Vital signs, ventilator parameters, neural breathing pattern, and patient-ventilator interaction

* Statistically different from NAVA-ext.

† Statistically different from Conv.

F102, fraction of inspired oxygen; SA02, oxygen saturation; Tc02, transcutaneous carbon dioxide; MAPi, mean inspiratory airway pressure; Δ Pi, delta inspiratory pressure above PEEP; EAdi, electrical activity of the diaphragm; Nti, neural inspiratory time; Nte, neural expiratory time; Nrr, neural respiratory rate; R^2 , determination coefficient; Pvent, ventilator delivered pressure.

Proportionality between patient effort and ventilatory assist



Beck et al, Ped Res 2009

NIV-NAVA in the preterm



Slide courtesy of Dr. Lehtonen (Turku University Hospital)

Interfaces

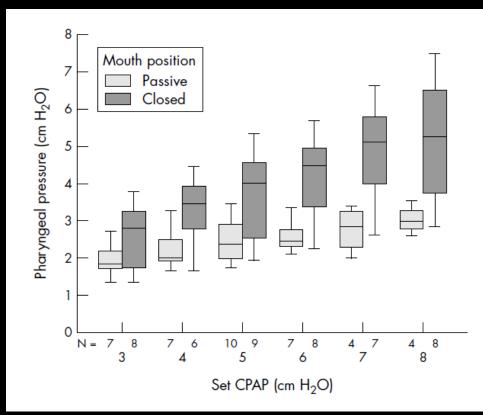


SHORT REPORT

Pharyngeal pressure in preterm infants receiving nasal continuous positive airway pressure

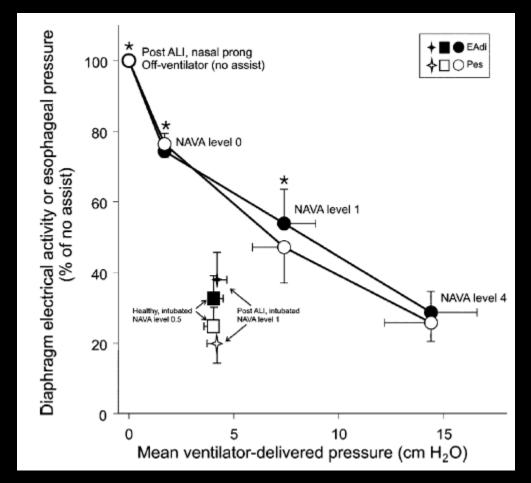
A G De Paoli, R Lau, P G Davis, C J Morley

Arch Dis Child Fetal Neonatal Ed 2005;90:F79-F81. doi: 10.1136/adc.2004.052274



N= 11 preterms Binasal Hudson prongs Bubble cpap

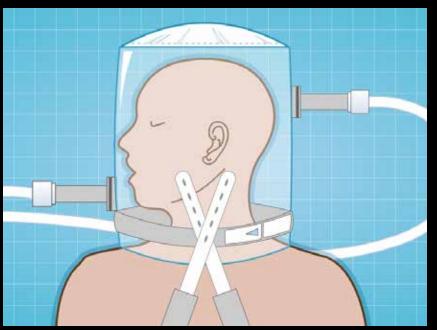
Jennifer Beck Lukas Brander Arthur S. Slutsky Maureen C. Reilly Michael S. Dunn Christer Sinderby Non-invasive neurally adjusted ventilatory assist in rabbits with acute lung injury



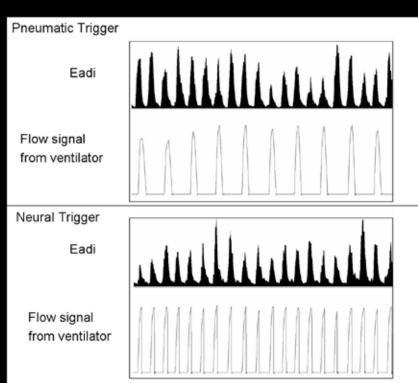
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Subject-ventilator synchrony during neural versus pneumatically triggered non-invasive helmet ventilation



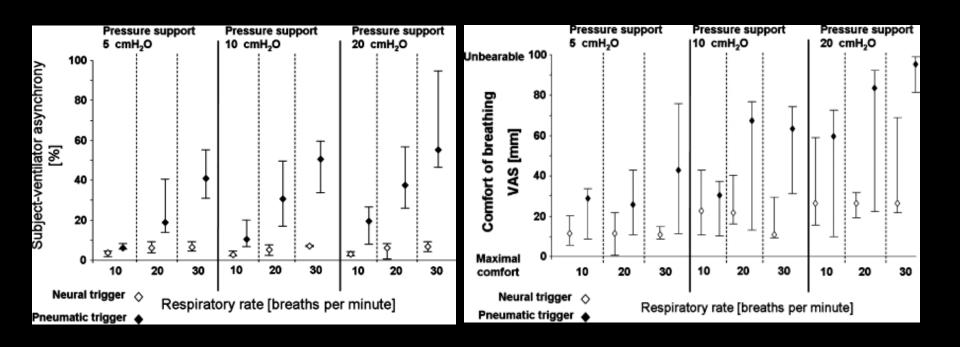
N= 7 Healthy Ptrig vs Ntrig, PSV 5-20, rr 10-30 Breathing comfort with VAS



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Subject-ventilator synchrony during neural versus pneumatically triggered non-invasive helmet ventilation

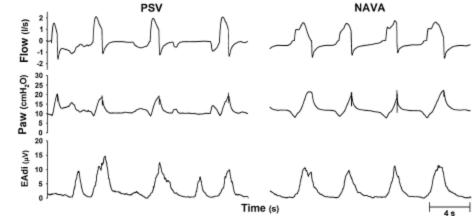


Gianmaria Cammarota Carlo Olivieri Roberta Costa Rosanna Vaschetto Davide Colombo Emilia Turucz Federico Longhini Francesco Della Corte Giorgio Conti Paolo Navalesi

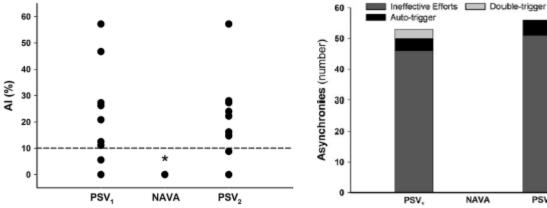
Noninvasive ventilation through a helmet in postextubation hypoxemic patients: physiologic comparison between neurally adjusted ventilatory assist and pressure support ventilation



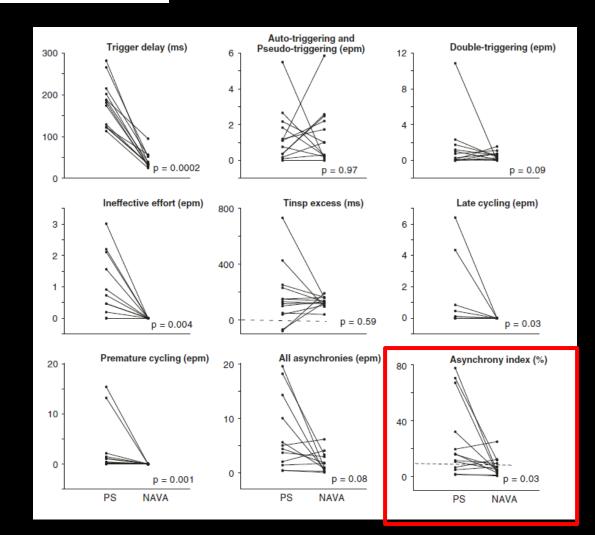




PSV,

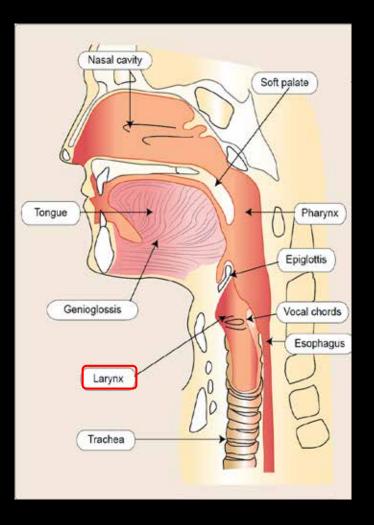


N= 10 adult ICU 20 min NAVA vs PSV Breathing comfort with VAS Lise Piquilloud Didier Tassaux Emilie Bialais Bernard Lambermont Thierry Sottiaux Jean Roeseler Pierre-François Laterre Philippe Jolliet Jean-Pierre Revelly Neurally adjusted ventilatory assist (NAVA) improves patient-ventilator interaction during non-invasive ventilation delivered by face mask



N= 13 Adult ICU (incl 2 COPD) 20 min NIV0NAVA, 20 MIN NIV PSV Mask

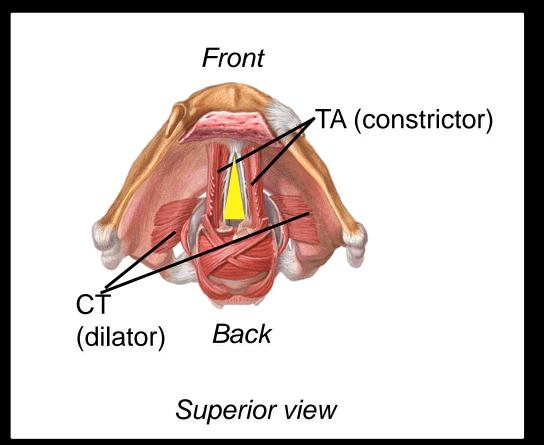
Upper Airways



Role:

- Humidification
- Speech
- Swallowing
- Airway protection
- Airway dilation for inspiration
- Braking of expiratory flow to maintain EELV

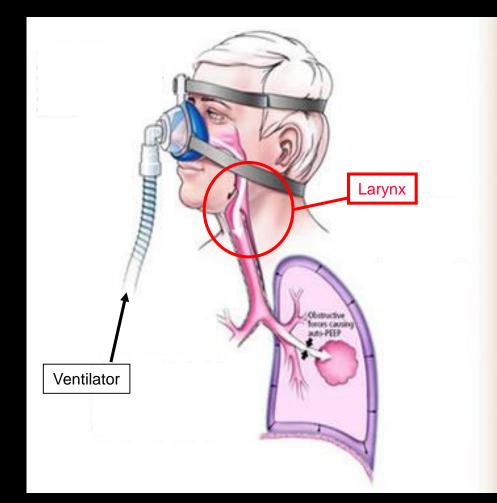
Important Laryngeal Muscles



TA = Thyroarytenoid muscle CT = Cricothyroid muscle

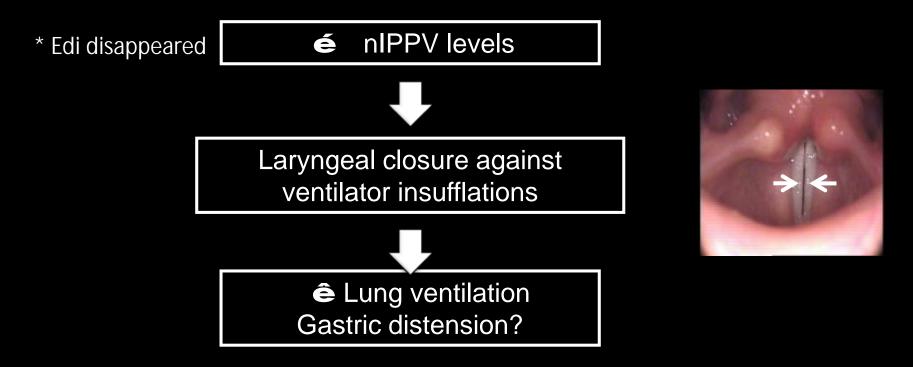
Larynx and NIV

- Larynx = a closing valve
- Original function = to defend the lower airways against potentially harmful intruders



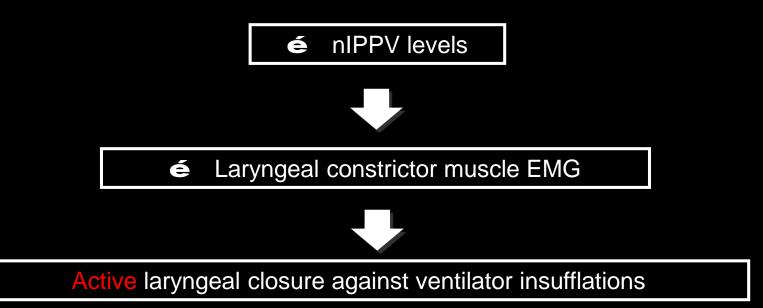
Larynx and NIV

In adult humans : laryngoscopic observations

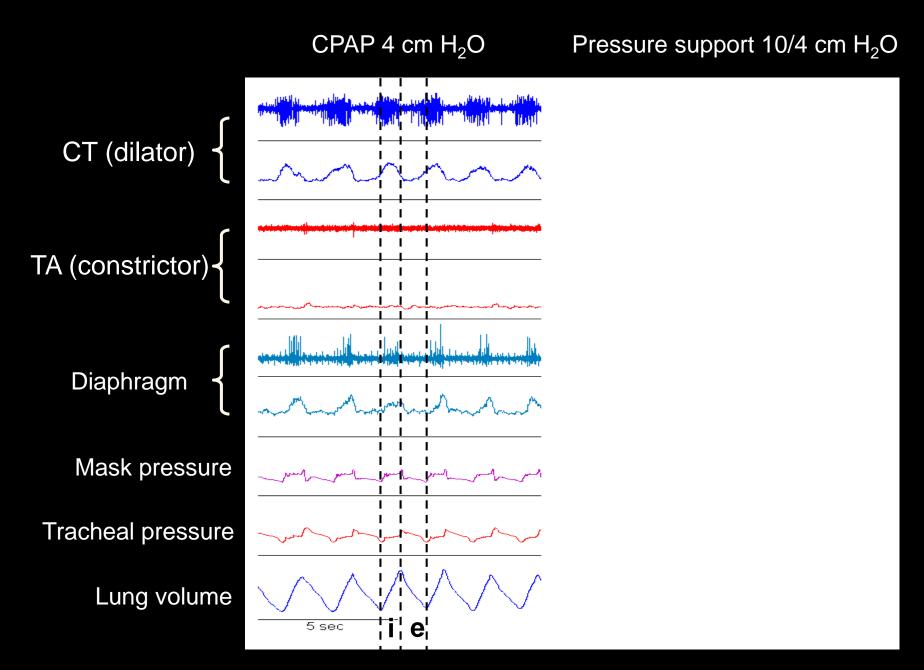


Larynx and NIV

In chronically instrumented newborn lambs

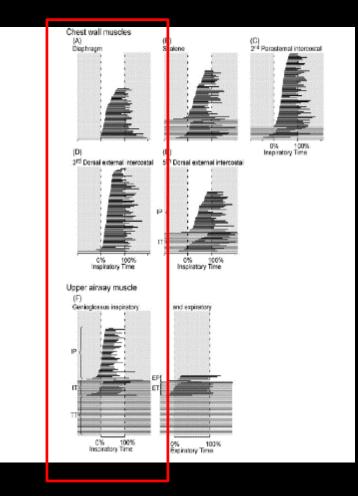


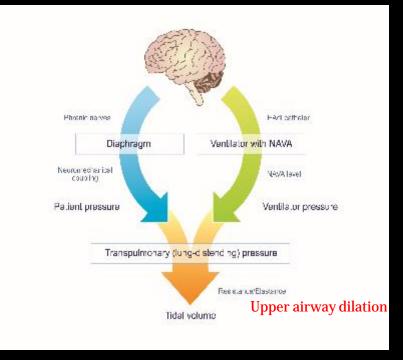
F Moreau- Bussière, J Appl Physiol 2007



F Moreau- Bussière, J Appl Physiol 2007

Timing of Activation of Upper Airways





Butler Respir Physiol Neurobiol 2007

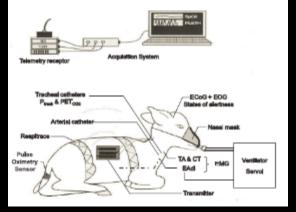
Principles and Practice of Mechanical Ventilation, M Tobin Ed.

Larynx during NIV-NAVA?

Hypothesis:

NIV-NAVA, offering a more physiological approach to assisting ventilation, would prevent activity of laryngeal constrictor muscle, contrary to nPSV

Experimental Design in Lambs



Day 2 : Surgery for chronic instrumentation

Days 3 – 4 : Post op recovery

Day 5 : increasing levels of nasal IPPV PSV : 10/4, 15/4, 20/4 cmH₂O

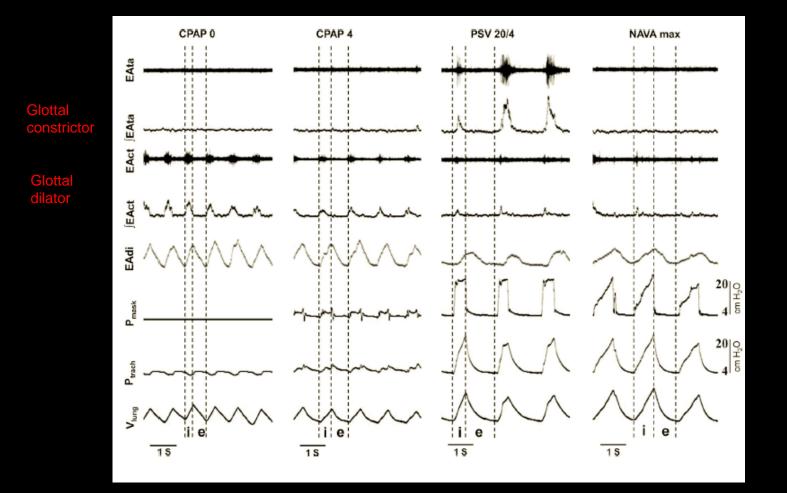
vs. NAVA : 3 levels

Analysis

Glottal muscle EMG in quiet sleep

Absence of inspiratory laryngeal constrictor muscle activity during nasal neurally adjusted ventilatory assist in newborn lambs

Mohamed Amine Hadj-Ahmed, $^{\rm 1}$ Nathalie Samson, $^{\rm 1}$ Marie Bussières, $^{\rm 2}$ Jennifer Beck, $^{\rm 3}$ and Jean-Paul Praud $^{\rm 1,2}$



Absence of inspiratory laryngeal constrictor muscle activity during nasal neurally adjusted ventilatory assist in newborn lambs

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Table 2. Percentage of respiratory cycles with inspiratory phasic activity of the thyroarytenoid muscle and $PaCO_2$ during nasal pressure support ventilation or NAVA in lambs during quiet sleep

	Nasal Pressure Support Ventilation					Nasal NAVA						
	10/4		15/4	5/4 20/4			NAVA 1		NAVA 2		NAVA max	
	%inspirEAta	PaCO ₂	%inspirEAta	PaCO ₂	%inspirEAta	PaCO ₂	%inspirEAta	PaCO ₂	%inspirEAta	PaCO ₂	%inspirEAta	PaCO ₂
Lamb 1	0		44	_	100		0		0		0	
Lamb 2	51	40.5	57	40.5	100	36	0	41.5	0	46	0	41.5
Lamb 3	0	53.5	0	50	0	30.5	0	51.5	0	52.5	0	45
Lamb 4	0	38	0	43.5	0	38	0	42	0	45.5	0	40
Lamb 5	17	55	30	50.5	22	26.5	0	50.5	0	53.5	0	60
Lamb 6	0	35	33	30	62	29	0	38	0	35	0	31
Lamb 7	0	40.5	0	36.5	100	39.5	0	39.5	0	35.5	0	39.5
Lamb 8	0	45.5	0	49	0	44.5	0	49	0	46.5	0	46

%inspirEAta: percentage of ventilatory cycles with EAta.

Conclusions

- Using a controller signal that is not affected by leaks, can optimally synchronize the assist
- Both leak, and interface resistance will affect pressure delivery and may need an increase in NAVA level
- Edi useful for monitoring during NIV
- Upper airways and NIV are integrated and necessary!

